

# **KVCC 211 Database**

## ***KVCC 211 Community Resource List***

*The following is a list of community resources and services located within a twenty-five mile radius of the college to help you respond to a student that may be in crisis or may benefit from outside support. It is intended as a resource guide not complete and comprehensive list of all community services that may be available to all students.*

***Please note: If you have an emergency you should always call 911.***

***This resource directory was prepared with funding from a KVCC Foundation Mini-Grant.***

# **KVCC 211**

## **Table of Contents**

**This document is searchable by pressing “control F”**

Emergency Shelters and Housing .....	Pg. 4
(Includes agencies that help with rent, security deposits, and utilities that are through town offered general assistance)	
General Assistance.....	Pg. 11
(General Assistance helps with rent, security deposits utilities, food, clothing and non-elective medications)	
Food Pantries & Soup Kitchens .....	Pg. 63
Clothing .....	Pg. 99
Crisis Counseling .....	Pg. 105
(Substance abuse and recovery services, Domestic violence, Emergency/ Disaster Relief and Counseling)	

Transportation ..... Pg. 121

Family Care ..... Pg. 124

(Pregnancy Counseling,  
Assistance with child care and elder care)

Health Care Services .....Pg. 133

(free and low cost health  
And Dental services)

Legal Services ..... Pg. 138

# Emergency Housing & Shelters

## Mid-Maine Homeless Shelter

19 Colby Street

Waterville, Maine

Phone: (207) 872-8082

Hours: Mon – Fri 9 – 4 / Shelter 24 hours

[www.shelterme.org](http://www.shelterme.org)

Email: [shelter@shelterme.org](mailto:shelter@shelterme.org)

## Services

- Daily Meals
- Laundry Facilities
- Employment workshops
- Parenting education
- Case management

## Eligibility

Anyone over *18* who is homeless, sober, with no convictions for sexual offenses and willing to undergo a police background check. Those *17 and under* **must** be accompanied by a parent or guardian.

## Intake Requirements

Warrant check and proof of age. Must complete intake session with Intake Manager upon arrival.

## Fees

None

**Bread of Life Shelter**

155 Hospital Street

Augusta, Maine

Phone: (207) 626-3479

Hours: 24 hours

[www.breadoflife.org](http://www.breadoflife.org)

Email: [breadoflife@mainebreadoflife.org](mailto:breadoflife@mainebreadoflife.org)

**Services**

- Emergency Shelter

**Eligibility**

Those who are homeless including families, victims of domestic violence and those with mental disabilities.

**Intake Requirements**

Intake session and complete background check.

**Fees**

None

## **Western Maine Homeless Outreach**

547 Wilton Road

Farmington, Maine

Phone: (207) 779-7609

Hours: Mon – Sun 4pm – 8am

Email: [wmhomelessoutreach@gmail.com](mailto:wmhomelessoutreach@gmail.com)

### **Services**

- Emergency Night Shelter
- Case Management
- Referrals

### **Eligibility**

Anyone over *18* who is homeless, sober, with no convictions for sexual offenses and willing to undergo a police background check. Those *17 and under* **must** be accompanied by a parent or guardian.

### **Intake Requirements**

Call or email for bed availability; complete an intake session with Intake Manager upon arrival.

### **Fees**

None

# **Rent and Utilities Assistance**

## **Homeless Prevention Program**

### **@ Mid-Maine Homeless Shelter**

19 Colby Street

Waterville, Maine

Phone: (207) 872-8082

Hours: Mon – Fri 9 – 4

Email: [shelter@shelterme.org](mailto:shelter@shelterme.org)

[www.shelterme.org](http://www.shelterme.org)

## **Services**

- Rental Assistance
- Security Deposit Assistance
- Furniture
- Clothing
- Personal Care Products
- Help with funds for medications
- Referrals to appropriate services within the community

## **Eligibility**

Adults and families

## **Intake Requirements**

Call for an intake interview, must bring ID and supporting documents to process request for assistance.

## **Fees**

None

## **Rural Community Action Ministry**

81 Church Hill Road

Leads, Maine

Contact: Crystal Hatch

Phone: (207) 524-5095

Email: [crystal@rcam.net](mailto:crystal@rcam.net)

[www.rcam.net](http://www.rcam.net)

### **Services**

- Help to prevent eviction
- Help to pay deposits
- Help to prevent electrical disconnection
- Information and referrals to area resources

### **Eligibility**

Individuals and families who are low income, elderly or disabled and live in Androscoggin County. (Proof of residency in one of the following towns **must** be provided: Buckfield, Canton, Greece, Hartford, Leeds, Litchfield, Livermore, Monmouth, Sabattus, Sumner, Turner, Wales or Wayne.)

### **Intake Requirements**

Complete a phone interview. Submit income verification, disconnection notice, eviction or foreclosure notice, proof of home ownership, driver's license, social security card, proof of denial from other agencies, proof of MaineCare.

### **Fees**

None



## **Salvation Army Capital Region Corps**

36 Eastern Ave.

Augusta, Maine

Phone: (207) 623-3752

Email: Joel.Lyle@use.salvationarmy.org

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

### **Services**

- Rental Assistance
- Electrical Assistance
- Heating Assistance
- Clothing
- Help with prescriptions
- Bus tickets
- Holiday Help

### **Eligibility**

Individuals and families whose income is at or below 150% of the Federal Poverty Guidelines.

### **Intake Requirements**

Call for an appointment, must submit proof of residency, income, expenses, ID for all family members, letter from the town of residence stating they do not qualify for general assistance.

### **Fees**

None

## **CMP Powerline Extension Program**

101 Water Street

1<sup>st</sup> Floor

Waterville, Maine

Phone: (207) 859-1684

Hours: Mon - Fri 8 - 4:30

Email: [info@kvcap.org](mailto:info@kvcap.org)

### **Services**

Financial credit to reduce charges for the installation of electrical poles and lines to new residence.

### **Eligibility**

Those with family income less than 115% of HUD median income based on family size, who have not received this credit in the past three years.

### **Intake Requirements**

Call or email for more information

### **Fees**

None

## **General Assistance**

(listings by town in alphabetical order)

### **Albion**

22 Main Street

Albion, Maine

Phone: (207) 437-2900

Hours: Tues 8:30 - 4:30 / Thurs 1 – 6 / Fri 8 – 1

Email: [toalbion@uninets.net](mailto:toalbion@uninets.net)

[www.albionme.com](http://www.albionme.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Anson**

5 Kennebec Street

Anson, Maine

Phone: (207) 696-3979

Hours: Mon – Thurs 8 – 4

Email: [anson@tdstelme.net](mailto:anson@tdstelme.net)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Athens**

26 Academy Street

Athens, Maine

Phone: (207) 64-3471

Hours: Tues 7 – 9

Email: [townofathens@tds.net](mailto:townofathens@tds.net)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Augusta**

16 Cony Street

Augusta, Maine

Phone: (207) 626-2325

Emergency/ After Hours: (207) 242-4559

Email: [sara.russell@agustamaine.gov](mailto:sara.russell@agustamaine.gov)

[www.augustamaine.gov](http://www.augustamaine.gov)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Belgrade**

6 Manchester Road

Belgrade, Maine

Phone: (207) 495-2258

Hours: Tues & Thurs 9 – 11

[www.townofbelgrade.com](http://www.townofbelgrade.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Benton**

1279 Clinton Avenue

Benton, Maine

Phone: (207) 453-7191

Hours: Mon. Tues, Weds, Fri 9 – 4 / Thurs 11 - 6

Email: [bentonstaff@gmail.com](mailto:bentonstaff@gmail.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



## **Brighton Plantation**

1 Stage Coach Road

Brighton Plantation, Maine

Phone: (207) 654-2551

Hours: 2<sup>nd</sup> & 4<sup>th</sup> Mon 4 – 5

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Burnham**

247 South Horseback Road

Burnham, Maine

Phone: (9207) 948-2369

Hours: Mon 8 – 4

Email: [burnham1@uninets.net](mailto:burnham1@uninets.net)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Canaan**

277 Main Street

Canaan, Maine

Phone: (207) 474-8976

Hours: Mon, Tues, Thurs & Fri 8 – 4 / Weds 8 – 7

Email: [townofcanaan@roadrunner.com](mailto:townofcanaan@roadrunner.com)

[www.townofcanaan.com](http://www.townofcanaan.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Chelsea**

560 Togus Road

Chelsea, Maine

Phone: (207) 582-4802

Hours: Thurs 9 – 12

Email: [chelseamanager@chelseamaine.org](mailto:chelseamanager@chelseamaine.org)

[www.chelseamaine.org](http://www.chelseamaine.org)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Chesterville**

409 Dutch Gap Road

Chesterville, Maine

Phone: (207) 778-2433

Hours: Mon, Tues, Weds, Fri 8:30 - 4:30 / Thurs 5 - 7

Email: [townofchesterville@myfairpoint.net](mailto:townofchesterville@myfairpoint.net)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **China**

571 Lakeview Drive

China, Maine

Phone: (207) 445-2014

Hours: Mon – Fri 7:30 – 4

Email: [info@chinamaine.org](mailto:info@chinamaine.org)

[www.china.govoffice.com](http://www.china.govoffice.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Clinton**

27 Baker Street

Clinton, Maine

Phone: (207) 426-8511

Hours: Tues & Thurs 1 - 3

Email: [townofclinton@roadrunner.com](mailto:townofclinton@roadrunner.com)

[www.clinton-me.us](http://www.clinton-me.us)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Cornville**

509 West Ridge Road

Cornville, Maine

Phone: (207) 474-3275

Hours: Tues 10 – 4 / Thurs 1 – 7

Email: [townofcornville@gmail.com](mailto:townofcornville@gmail.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



**Detroit**

35 South Main Street

Detroit, Maine

Phone: (207) 257-4488

Hours: Mon – Thurs 9 – 4

Email: [townofdetroit@roadrunner.com](mailto:townofdetroit@roadrunner.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Embden**

809 Embden Pond Road

Embden, Maine

Phone: (207) 566-5551

Hours: Tues & Weds 10 – 4 / Thurs 1 – 6 / Fri 10 – 2

Email: [embden-clerk@roadrunner.com](mailto:embden-clerk@roadrunner.com)

[www.embden-maine.gov](http://www.embden-maine.gov)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Fairfield**

19 Lawrence Avenue

Fairfield, Maine

Phone: (207) 453-7911

Hours: Mon & Thurs 9 – 11

Email: [info@fairfieldme.com](mailto:info@fairfieldme.com)

[www.fairfieldme.com](http://www.fairfieldme.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Farmington**

153 Farmington Falls Road

Farmington, Maine

Phone: (207) 778-6539

Hours: Mon – Fri 9 – 5

Email: [townclk@farmington-maine.org](mailto:townclk@farmington-maine.org)

[www.farmington-maine.org](http://www.farmington-maine.org)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Fayette**

2589 Main Street

Fayette, Maine

Phone: (207) 685-4373

Hours: Mon – Weds 7 - 4:30 / Thurs 7 - 6:30

Emergency/ After Hours: (207) 512-0949

Email: [fayette@myfairpoint.net](mailto:fayette@myfairpoint.net)

[www.fayettemaine.org](http://www.fayettemaine.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Freedom**

71 Pleasant Street

Freedom, Maine

Phone: (207) 382-6177 ext. 1

Hours: Mon 9 – 6 / Tues – Fri 9 – 2 / 1<sup>st</sup> Sat 9 – 12

Email: [townoffice@freedom.org](mailto:townoffice@freedom.org)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Hartland**

21 Academy Street

Hartland, Maine

Phone: (207) 938-4401

Hours: Tues & Thurs 12:30 – 4

Email: [hartlandadmin@gmail.com](mailto:hartlandadmin@gmail.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Industry**

1033 Industry Road

Industry, Maine

Phone: (207) 778-5050

Hours: Tues & Thurs 1 – 6

Emergency/ After Hours: (207) 778-0356

Email: [industry@beeline-online.net](mailto:industry@beeline-online.net)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



**Knox**

10 Abbott Road

Knox, Maine

Phone: (207) 568-3907

Hours: Tues 12 – 6 / Weds – Fri 9 – 1 / Last Sat. 9 – 12

Email: [knoxme@uninets.net](mailto:knoxme@uninets.net)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Madison**

26 Western Avenue

Madison, Maine

Phone: (207) 696-5621

Hours: Tues 9-12 / Thurs 1-3

Email: [deputyclerk@madisonmaine.com](mailto:deputyclerk@madisonmaine.com)

[www.madisonmaine.gov](http://www.madisonmaine.gov)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Manchester**

12 Readfield Road

Manchester, Maine

Phone: (207) 622-1894

Hours: Thurs 9-12

Email: [townmanager@manchesterme.org](mailto:townmanager@manchesterme.org)

[www.manchester.govoffice2.com](http://www.manchester.govoffice2.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Mercer**

1015 Beech Hill Road

Mercer, Maine

Phone: (207) 587-2911

Hours: Mon & Thurs 9-3 / Tues & Weds 6-8 PM / 2<sup>nd</sup> Sat. 7:30- 1

Email: [townofmercergmail.com](mailto:townofmercergmail.com)

[www.mercerme.us](http://www.mercerme.us)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Montville**

414 Center Road

Montville, Maine

Phone: (207) 342-5544

Hours: Mon 1-9/ Weds 8-3:30

Email: [montville@fairpoint.net](mailto:montville@fairpoint.net)

[www.montvillemaine.org](http://www.montvillemaine.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Mount Vernon**

1997 North Road

Mount Vernon, Maine

Phone: (207) 293-2514

Hours: Mon, Tues, & Thurs 9-5 / Weds 1-7

Email: [selectboard@mtvernonme.org](mailto:selectboard@mtvernonme.org)

[www.mtvernonme.org](http://www.mtvernonme.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **New Sharon**

11 School Lane

New Sharon, Maine

Phone: (207) 778-4046

Hours: Mon 2-6 / Weds 1-7 / Fri 10-6

Email: [joyce.alcorn@myfairpoint.net](mailto:joyce.alcorn@myfairpoint.net)

-or-

[treasurer@newsharon.maine.gov](mailto:treasurer@newsharon.maine.gov)

[www.newsharon.maine.gov](http://www.newsharon.maine.gov)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**New Vineyard**

20 Lake Street

New Vineyard, Maine

Phone: (207) 652-2222

Hours: Mon & Fri 2-6 / Tues & Thurs 11-3

Emergency/ After hours: (207) 652-2552

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



## **Norridgewock**

16 Perkins Street

Norridgewock, Maine

Phone: (207) 634-2252

Hours: Tues 10-12

Email: [townmanager@townofnorridgewock.com](mailto:townmanager@townofnorridgewock.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Oakland**

6 Cascade Mill Road

Oakland, Maine

Phone: (207) 465-7357

Hours: Mon – Fri 8:30 – 4:30

Email: [jporter@oaklandmaine.us](mailto:jporter@oaklandmaine.us)

[www.oaklandmaine.us](http://www.oaklandmaine.us)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Palermo**

45 North Palermo Road

Palermo, Maine

Phone: (207) 993-2296

Hours: Tues, Weds, Fri, & Sat 8- 12 / Thurs 3-7

Email: [topclerk@fairpoint.net](mailto:topclerk@fairpoint.net)

[www.townofpalmero.org](http://www.townofpalmero.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Palmyra**

4 Madawaska Road

Palmyra, Maine

Phone: (207) 938-4871

Hours: Tues & Thurs 9- 3:30

Email: [palmyratown@roadrunner.com](mailto:palmyratown@roadrunner.com)

[www.palmyratown.org](http://www.palmyratown.org)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Pittsfield**

112 Somerset Avenue

Pittsfield, Maine

Phone: (207) 487-3136

Hours: Mon – Thurs 9-3

Email: [townmanager@pittsfield.org](mailto:townmanager@pittsfield.org)

-or-

[finance1@pittsfield.org](mailto:finance1@pittsfield.org)

[www.pittsfield.org](http://www.pittsfield.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Plymouth**

1947 Moosehead Trail

Plymouth, Maine

Phone: (207) 257-4646

Hours: Mon 11-6 / Tues – Thurs 11-4 / Fri 7-12

Email: [plymouth@midmaine.com](mailto:plymouth@midmaine.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Readfield**

8 Old Kents Hill Road

Readfield, Maine

Phone: (207) 685-4939 -or- (207) 685-1818

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Weds. 12 – 2

Emergency/ After Hours: (207) 242-5437

Email: [readfield.tmgr@roadrunner.com](mailto:readfield.tmgr@roadrunner.com)

[www.readfield.govoffice.com](http://www.readfield.govoffice.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Rome**

8 Mercer Road

Rome, Maine

Phone: (207) 397-4011

Hours: Mon 7-8

Emergency/ After Hours: (207) 397-3421

Email: [townofrome@outlook.com](mailto:townofrome@outlook.com)

[www.romemaine.com](http://www.romemaine.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



## **St. Albans**

7 Water Street

St. Albans, Maine

Phone: (207) 938-4568

Hours: Tues & Thurs 8:30 – 11:30

Email: [manager@townofstalbens.net](mailto:manager@townofstalbens.net)

[www.stalbansme.govoffice2.com](http://www.stalbansme.govoffice2.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Sidney**

2986 Middle Road

Sidney, Maine

Phone: (207) 547-3159

Hours: Tues & Weds 9-12

Email: [townoffice@sidneymaine.org](mailto:townoffice@sidneymaine.org)

[www.sidneymaine.org](http://www.sidneymaine.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Skowhegan**

255 Water Street

Skowhegan, Maine

Phone: (207) 474-6900

Hours: Weds 9-12

Email: [mjclifford@skowhegan.org](mailto:mjclifford@skowhegan.org)

[www.skowhegan.org](http://www.skowhegan.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Smithfield**

926 Village Road

Smithfield, Maine

Phone: (207) 362-4772

Hours: Mon – Fri 8- 4

Email: [townoffice@smithfieldmaine.us](mailto:townoffice@smithfieldmaine.us)

[www.smithfield.us](http://www.smithfield.us)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food Pantry
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Solon**

121 South Main Street

Solon, Maine

Phone: (207) 643-2812

Hours: Weds 9-11

Email: [townofsolon@yahoo.com](mailto:townofsolon@yahoo.com)

[www.solon.maine.gov](http://www.solon.maine.gov)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Starks**

57 Anson Road

Starks, Maine

Phone: (207) 696-8069

Hours: Mon 10-2 / Weds 3-7 / 1<sup>st</sup> Sat 8-11

Emergency/ After Hours: (207) 578-0341

Email: [townofstarks@gmail.com](mailto:townofstarks@gmail.com)

## **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

## **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

## **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Thorndike**

125 Mount View Road

Thorndike, Maine

Phone: (207) 568-3655

Hours: Mon, Tues & Thurs 8-1 / Weds 1-6 / Fri 9:30 -12:30

Email: [thorndike@uninets.net](mailto:thorndike@uninets.net)

[www.thorndikeme.com](http://www.thorndikeme.com)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Troy**

129 Rogers Road

Troy, Maine

Phone: (207) 948-2283

Email: [townoftroy@uninets.net](mailto:townoftroy@uninets.net)

[www.troymainelocalnews.com](http://www.troymainelocalnews.com)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



**Unity**

84 School Street

Unity, Maine

Phone: (207) 948-3763

Hours: Thurs 8:30 – 10:30

Email: [unity@uninets.net](mailto:unity@uninets.net)

[www.unitymaine.org](http://www.unitymaine.org)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Vassalboro**

682 Main Street

Vassalboro, Maine

Phone: (207) 872-2826

Hours: Mon, Tues, Weds 8-4 / Thurs 8- 6:30 / Fri 8- 12

Email: [cathy@vassalboro.net](mailto:cathy@vassalboro.net)

-or-

[msabins@vassalboro.net](mailto:msabins@vassalboro.net)

[www.vassalboro.net](http://www.vassalboro.net)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Vienna**

212 Townhouse Road

Vienna, Maine

Phone: (207) 293-2670

Hours: Tues 6:30

Emergency/ After Hours: (207) 293-2670

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Waterville**

1 Common Street

Waterville, Maine

Phone: (207) 680-4225

Hours: Mon – Fri 8 – 5

Email: [lfossa@waterville.gov](mailto:lfossa@waterville.gov)

[www.waterville-me.gov](http://www.waterville-me.gov)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Windsor**

523 Ridge Road

Windsor, Maine

Phone: (207) 445-2998

Hours: Mon – Thurs 9 – 5

Emergency/After Hours: (207) 458-2756

[www.windsor.maine.gov](http://www.windsor.maine.gov)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

**Winslow**

114 Benton Avenue

Winslow, Maine

Phone: (207) 872-2776

Hours: Mon – Fri 8 – 4:30

Email: [rbouchard@winslow-me.gov](mailto:rbouchard@winslow-me.gov)

-or-

[dlewis@winslow-me.gov](mailto:dlewis@winslow-me.gov)

[www.winslow-me.gov](http://www.winslow-me.gov)

**Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- Food
- Housing
- Non-elective medications
- Basic services essential to maintain a household

**Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

**Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.

## **Soup Kitchens & Food Pantries**

### **Evening Sandwich Program @ Universalist Unitarian Church**

69 Silver Street

Waterville, Maine

Phone: (207) 873-4006

Hours: Mon – Fri & Sun 4-5

#### **Services:**

Soup kitchen with take out only.

#### **Eligibility:**

No restrictions all are welcome.

#### **Intake Requirements:**

Walk in for service.

#### **Fees:**

None

**Sacred Heart Soup Kitchen**

70 Pleasant Street

Waterville, Maine

Phone: (207) 872-2281

Hours: Mon – Fri 11:30 -12:30

Email: [ccmoffice@corpuschristimaine.org](mailto:ccmoffice@corpuschristimaine.org)

**Services:**

Soup Kitchen

**Eligibility:**

No restrictions all are welcome.

**Intake Requirements:**

Walk in for service.

**Fees:**

None



## **St. Francis Soup Kitchen**

116 Silver Street

Waterville, Maine

Phone: (207) 872-2281

Hours: Saturday 11-12

### **Services:**

Soup Kitchen

### **Eligibility:**

No restrictions all are welcome.

### **Intake Requirements:**

Walk in for service.

### **Fees:**

None

**Soup and Sandwich Kitchen @ Oakland United Baptist Church**

47 Church Street

Oakland, Maine

Phone: (207) 465-7828

Hours: Thurs 4- 5:30

**Services:**

- Soup Kitchen
- Food Pantry

**Eligibility:**

No restrictions all are welcome.

**Intake Requirements:**

Walk in for service.

**Fees:**

None

**St. Anthony's Soup Kitchen**

291 Water Street

Skowhegan, Maine

Phone: (207) 747-2039

Hours; Mon, Tues & Thurs 4:30 – 5

Email: [nddlourdes@myfairpoint.net](mailto:nddlourdes@myfairpoint.net)

**Services;**

Soup Kitchen

**Eligibility:**

No restrictions all are welcome.

**Intake Requirements:**

Walk in for service.

**Fees:**

None

**Palmyra Baptist Soup Kitchen**

768 Main Street

Palmyra, Maine

Phone: (207) 938-2448

Hours: Tues & Thurs 12-1:30 / Sat 5- 6:30

Email: [palmyrabaptist@yahoo.com](mailto:palmyrabaptist@yahoo.com)

**Services:**

Soup Kitchen

**Eligibility:**

Those in need of food.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Bread of Life Soup Kitchen**

157 Water Street

Augusta, Maine

Phone; (207) 621-2541

Emergency/ After Hours: (207) 626-3479

Hours: Mon – Sat 11- 12:30

**Services:**

Soup Kitchen

**Eligibility:**

No restrictions all are welcome.

**Intake Requirements:**

Walk in for service.

**Fees:**

None

## **Food Pantries**

### **Emergency Food Assistance Program**

101 Water Street

Waterville, Maine

Phone: (800) 542-8227

Hours: Mon – Fri 8 - 4:30

Email: [infor@kvcap.org](mailto:infor@kvcap.org)

### **Services:**

Emergency food assistance for individuals.

### **Eligibility:**

People in need of food.

### **Intake Requirements:**

Call or email for more details.

### **Fees:**

None

**Waterville Junior High Food Pantry**

100 West River Road

Waterville, Maine

Phone (207) 873-2144

Hours: Fri 2 – 3

Emergency needs: Please call the office.

**Services:**

Food Pantry every Friday.

**Eligibility:**

Families are welcome as it is needed.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Fairfield Interfaith Food Pantry**

23 Lawrence Avenue

Fairfield, Maine

Phone (207) 509-9972

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Thurs 9 – 12

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None



**Greater Waterville Area Food Pantry**

61 Pleasant Street

Waterville, Maine

Phone: (207) 616-0363

Hours: Mon – Thurs 9 – 12 / Mon evening 5:30 – 7:00

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

## **Smithfield**

926 Village Road

Smithfield, Maine

Phone: (207) 362-4772

Hours: Mon – Fri 8- 4

Email: [townoffice@smithfieldmaine.us](mailto:townoffice@smithfieldmaine.us)

[www.smithfield.us](http://www.smithfield.us)

### **Services** (*temporary assistance*)

- Rent
- Utilities
- Fuel
- **Food Pantry**
- Housing
- Non-elective medications
- Basic services essential to maintain a household

### **Eligibility**

Families or individuals who reside in our area who do not have sufficient funds for their basic necessities; services provided on a case by case basis.

### **Intake Requirements**

Complete a General Assistance application and provide proof of residency, income, and living expenses.



**Vassalboro Food Station**

679 Main Street

Vassalboro, Maine

Phone: (207) 8736-7375

Hours: Thurs 11 – 12

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Sidney Food Cupboard @ 2<sup>nd</sup> Baptist Church**

3018 west River Road

Sidney, Maine

Phone; (207) 547-3543

Hours: By appointment only

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**China Community Food Pantry**

1320 Lakeview Drive

China, Maine

Phone: (207) 968-2421

Hours: Fri & Sat 12 – 1

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Loaves and Fishes**

123 Benton Road

Albion, Maine

Phone: (207) 437-2732

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Thurs 9 – 11

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Norridgewock Community Food Cupboard**

227 Waterville Road

Norridgewock, Maine

Phone: (207) 634-4116

Hours: Two Tuesdays per month 9 – 11

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None



**Skowhegan Community Food Pantry**

16 Cariani Street

Skowhegan, Maine

Phone: (207) 474-9249

Hours: Mon, Weds & Fri 10 – 11

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Trinity Evangelical Free Church**

12 McClellan Street

Skowhegan, Maine

Phone: (207) 474-8833

Hours: Call for Hours

[www.shelterbyjesus.org](http://www.shelterbyjesus.org)

**Services:**

- Food Pantry
- Soup Kitchen

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Volunteer Regional Food Pantry**

School Street

Unity, Maine

Phone: (207) 948-6238

Hours: 3<sup>rd</sup> Sat 8:30 – 10:30

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Canaan Community Food Bank**

272 Main Street

Canaan, Maine

Phone: (207) 474-5408

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Tues 5 – 6 PM / 1<sup>st</sup> and 3<sup>rd</sup> Fri 11 – 12

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Windsor Food Bank**

523 Ridge Road

Windsor, Maine

Phone: (207) 445-4930

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Thurs 6:30 – 8 PM

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**River Rock Christian Fellowship Food Pantry**

65 River Road

Chelsea, Maine

Phone: (207) 622-7031

Email: [office@riverrockfellowship.net](mailto:office@riverrockfellowship.net)

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Augusta Food Bank**

9 Summer Street

Augusta, Maine

Phone: (207) 662-5225

Hours: Mon – Thurs 12:30 – 2 / Mon 5:30 – 7 PM

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

*Must have ID, proof of residency and social security card for each member of household.*

Call for more details.

**Fees:**

None

**Apostolic Food Bank**

500 Western Avenue

Augusta, Maine

Phone: (207) 622-1414

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None



**Lord's Cupboard Food Pantry**

874 Main Street

Readfield, Maine

Phone: (207) 685-4572

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**First Baptist Church Food Pantry**

321 Pond Road

Mount Vernon, Maine

Phone: (207) 293-2273

Hours: Sat 10 – 12 / *Call as needed.*

**Services:**

- Food Pantry
- Clothing
- Books
- School Supplies

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Hallowell Food Bank Inc.**

124 Second Street

(Located in the lower level of the Fire Station, Perley Lane entrance)

Hallowell, Maine

Phone: (207) 622-3039

Emergency needs: (207) 992-6899

Hours: Fri 1 – 2

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Referral slips are required; these are available from the Hallowell City Hall during business hours. Call for more details.

**Fees:**

None

**AMVETS Memorial Post 150 Food Pantry**

Main Street

Liberty, Maine

Phone: (207) 589-4218

Hours: Last Sunday 10 – 1

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Must have social security card and number of people living in household. Call for more details and to complete and application.

**Fees:**

None

**People Who Care Food Cupboard**

108 Old Point Avenue

Madison, Maine

Phone: (207) 696-3971

Hours: Tues 9 – 12 / 2<sup>nd</sup> and 4<sup>th</sup> Thurs 1 – 3:30

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Starks Food Cupboard**

Chicken Street

Starks, Maine

Phone: (207) 696-4337

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Weds 10 – 12

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Cornville / Athens Food Cupboard**

493 West Ridge Road

Cornville, Maine

Phone: (207) 657-3071

Hours: 2<sup>nd</sup> Sat 9 – 11

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Grace Baptist Church Food Pantry**

28 Togs Road

Chelsea, Maine

Phone: (207) 582-6763

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None



**Winthrop Food Pantry**

25 A High Street

Winthrop, Maine

Phone: (207) 377-3332

Hours: Thurs 1 – 2:30 / 2<sup>nd</sup> and 4<sup>th</sup> Thurs 5 – 6:30 PM

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**St. Denis and Full Gospel Food Pantry**

537 East River Road

Whitefield, Maine

Phone: (207) 582-2684

Hours: 1<sup>st</sup> Fri 1 – 3

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

**Tri-Town Food Cupboard**

9 A Hubbard Avenue

Hartland, Maine

Phone: (207) 938-2244

Hours: Weds 9:30 – 11:30

**Services:**

Food Pantry

**Eligibility:**

Those who are in need.

**Intake Requirements:**

Call for more details.

**Fees:**

None

## **Clothing**

### **Lamb's Clothing Closet**

Fairfield First Baptist Church

12 Newhall Street

Fairfield, Maine

Phone: (207) 314-1604

Hours: Every Tues 9 – 12 / Weds 4:30 – 6

### **Services:**

- Clothing
- Bedding
- Some Personal Items

### **Eligibility:**

Those in need

### **Intake Requirements:**

Call for more information / Walk in for service

### **Fees:**

None

**Adventist Community Services**

201 Mercer Road

US Route 2

Norridgewock, Maine

Phone: (207) 634-2334

Hours: Mon 10 – 2 / Thurs 1 – 3:30

**Services:**

- Clothing
- Bedding
- Some Personal Items

**Eligibility:**

Those in need

**Intake Requirements:**

Call for more information / Walk in for service

**Fees:**

None

**Dot's Closet**

14 West School Street

Oakland, Maine

Phone: (207) 465-5259

Hours: 2<sup>nd</sup> and 3<sup>rd</sup> Thurs 2 – 4:30

**Services:**

- Clothing
- Bedding
- Some Personal Items

**Eligibility:**

Those in need

**Intake Requirements:**

Call for more information / Walk in for service

**Fees:**

None

## **Community Clothes Closet**

Centenary United Methodist Church

113 Dr. Mann Road

Skowhegan, Maine

Phone: (207) 474-3915

Hours: Weds 9 – 12

Email: [skowhegan@myfairpoint.net](mailto:skowhegan@myfairpoint.net)

### **Services:**

- Clothing
- Bedding
- Some Personal Items

### **Eligibility:**

Those in need

### **Intake Requirements:**

Call for more information / Walk in for service

Sign in required at door with name, town of residence and number of household members.

### **Fees:**

None

**Belgrade Bible Church Clothes Closet**

744 Augusta Road

Belgrade, Maine

Phone: (207) 495-2200

Hours: 1<sup>st</sup> Tues and following Sat 9 – 11

Email: [bbcmaine@outlook.com](mailto:bbcmaine@outlook.com)

**Services:**

- Clothing
- Bedding
- Some Personal Items

**Eligibility:**

Those in need

**Intake Requirements:**

Call for more information / Walk in for service

**Fees:**

None



**Addie's Attic**

9 Summer Street

Augusta, Maine

Phone: (207) 622-2424

Hours: 1<sup>st</sup> and 3<sup>rd</sup> Sat 1 – 3

Email: [stmarkaugusta@myfairpoint.net](mailto:stmarkaugusta@myfairpoint.net)

**Services:**

- Clothing
- Footwear
- Bedding
- Some Personal Items

**Eligibility:**

Those in need

**Intake Requirements:**

Call for more information / Walk in for service

**Fees:**

None

# Crisis Counseling

## Counseling Services

10 Water Street

Waterville, Maine

Phone: (877) 777-9393

Hours: Mon – Fri 8 – 5

Email: [public@mainegeneral.org](mailto:public@mainegeneral.org)

[www.mainegeneral.org](http://www.mainegeneral.org)

## Services:

Counseling available for individuals, groups, couples and families for:

- Substance Abuse
- Depression
- PTSD
- Anxiety
- Trauma
- Gender Specific Concerns
- Codependency
- Mood Disorders
- Aging

## Eligibility:

Counseling available for all ages for people who mental health or substance abuse issues.

## Intake Requirements:

Call for more information and to schedule an appointment.

## Fees:

Sliding Fees

Most insurances accepted, including MaineCare

## **Kennebec Behavioral Health**

### Waterville Location:

67 Eustis Parkway

Waterville, Maine

Phone: (888) 322-2136

Hours: Mon – Fri 9 – 5

Emergency/After Hours: (888) 568-1122

Email: [info@kbhmaine.org](mailto:info@kbhmaine.org)

[www.kbhmaine.org](http://www.kbhmaine.org)

### Skowhegan Location:

5 Commerce Drive

Skowhegan, Maine

Phone: (888) 322-2136

Hours: Mon, Tues, Weds 8 – 6 / Thurs 8 – 8 / Fri 8 – 5

Emergency/ After Hours: (888) 568-1122

Email: [info@kbhmaine.org](mailto:info@kbhmaine.org)

[www.kbhmaine.org](http://www.kbhmaine.org)

### **Services:**

- Screenings
- Assessments
- Evaluations
- Family and Group Therapy
- Relapse Prevention
- DEEP Services

**Eligibility:**

Those who have a substance abuse or dual diagnosis of mental illness and substance abuse issues.

**Intake Requirements:**

Call for more information and to schedule an appointment.

**Fees:**

Vary, Sliding Fees\*

(\* Income verification is needed to qualify for sliding fees.)

## **Crisis and Counseling Centers**

### **Adult Substance Abuse Treatment Program**

346 Water Street

Skowhegan, Maine

Phone: (207) 626-3448

Hours: Mon – Thurs 8 – 6 / Fri 8 – 5

Emergency/After Hours: (888) 568-1112

[www.crisisandcounseling.org](http://www.crisisandcounseling.org)

#### **Services:**

- Individual and family counseling for substance abuse issues
- DEEP Services

#### **Eligibility:**

Adults 18 years of age or older and their families.

#### **Intake Requirements:**

Call for more information and to schedule an initial assessment.

#### **Fees:**

Vary

Most insurances accepted, including MaineCare.

**Madison Area Health Center**

8 South Main Street

Madison, Maine

Phone: (207) 692-3992

Hours: Mon, Weds, Thurs, Fri 8:30 – 4:30 / Tues 8:30 – 4:30 & 5:30 – 8

Email: [hrhc@healthreach.org](mailto:hrhc@healthreach.org)

[www.madisonchc.org](http://www.madisonchc.org)

**Services:**

- Family Medicine
- Acute & chronic illness care
- Immunizations
- Physicals
- Family planning
- Mental health
- Substance abuse counseling

**Eligibility:**

Service available to all regardless of ability to pay.

**Intake Requirements:**

Call for more information and to schedule an appointment.

**Fees:**

Fixed costs and sliding fees

All insurances accepted.

## **Adult Substance Abuse Treatment Program**

10 Caldwell Road

Augusta, Maine

Phone: (207) 626-3448

Hours: Mon – Thurs 8 – 6 / Fri 8 – 5

Emergency/ After Hours: (888) 568-112

[www.crisisandcounseling.org](http://www.crisisandcounseling.org)

### **Services:**

- Individual and family counseling for substance abuse issues
- DEEP services
- Group treatment program to develop coping strategies

### **Eligibility:**

Adults 18 years of age or older and their families.

### **Intake Requirements:**

Call for more information and to schedule an appointment.

### **Fees:**

Vary

Most insurances accepted, including MaineCare.

## **Generations Family and Youth Counseling Program**

10 Caldwell Road

Augusta, Maine

Phone: (207) 626-3448

Hours: Mon – Thurs 8 – 6 / Fri 8 – 5

Emergency/ After Hours: (888) 568-1112

[www.crisisandcounseling.org](http://www.crisisandcounseling.org)

### **Services:**

- Targeted emotional and behavioral support
- Play Therapy
- Counseling for substance abuse
- Counseling for depression
- Counseling for trauma
- Behavioral Problems
- Anger Management
- Eating Disorders
- Suicidal Thoughts
- Panic Disorders
- Chronic Mental Health Problems

### **Eligibility:**

Children 3 years of age through 17 years of age with substance abuse, co-occurring disorders, or mental health issues.

### **Intake Requirements:**

Call for more information and to schedule an initial assessment.

### **Fees:**

Vary

Most insurances accepted, including MaineCare.



## **Outpatient Counseling Services**

9 Green Street

Augusta, Maine

Phone: (877) 777-9393

Hours: Mon – Fri 8 – 5

Email: [public@mainegeneral.org](mailto:public@mainegeneral.org)

[www.mainegeneral.org](http://www.mainegeneral.org)

### **Services:**

Counseling available for individuals, groups, couples and families for:

- Substance Abuse
- Depression
- PTSD
- Anxiety
- Trauma
- Gender Specific Concerns
- Codependency
- Mood Disorders
- Aging

### **Eligibility:**

Counseling available for all ages for people who mental health or substance abuse issues.

### **Intake Requirements:**

Call for more information and to schedule an appointment.

### **Fees:**

Sliding Fees

Most insurances accepted, including MaineCare

## **Substance Abuse and Co-Occurring Disorder Services**

66 Stone Street

Augusta, Maine

Phone: (888) 322-2136

Hours: Mon – Fri 9 – 5

Emergency/ After Hours: (888) 568-1112

Email: [info@kbhmaine.org](mailto:info@kbhmaine.org)

[www.kbhmaine.org](http://www.kbhmaine.org)

### **Services:**

- Screenings
- Assessments
- Evaluations
- Family and Group Therapy
- Relapse Prevention
- DEEP Services

### **Eligibility:**

Those who have a substance abuse or dual diagnosis of mental illness and substance abuse issues.

### **Intake Requirements:**

Call for more information and to schedule an appointment.

### **Fees:**

Vary, Sliding Fees\*

(\* Income verification is needed to qualify for sliding fees.)

## **Adult Outpatient Health Services**

144 High Street

Farmington, Maine

Phone: (888) 304-4673

Hours: Mon – Fri 8 – 5

Emergency/ After Hours: (888) 568-1112

Email: [info@tcmhs.org](mailto:info@tcmhs.org)

[www.tcmhs.org](http://www.tcmhs.org)

### **Services:**

- Individual and Group Counseling
- Diagnostic Evaluations
- Limited Capacity Medication Management
- Substance Abuse Services
- Psychiatric Consulting
- Children and Family Services from ages birth to 20 years

### **Eligibility:**

Adults who have major mental illness or problems dealing with the stresses of everyday living.

### **Intake Requirements:**

Call for more information and to schedule a face-to-face assessment.

### **Fees:**

Sliding fees

## **Substance Abuse @ Evergreen Behavior Services**

131 Franklin Health Commons

Farmington, Maine

Phone: (207) 779-2398

Hours: Mon – Fri 8 – 5

Emergency/After Hours: (207) 779-2843

Email: [evergreen@fchn.org](mailto:evergreen@fchn.org)

[www.fchn.org](http://www.fchn.org)

### **Services:**

- Substance Abuse Counseling
- Substance Abuse Evaluation
- Intensive Outpatient Program
- DEEP Services

### **Eligibility:**

Individuals 14 years of age or older

### **Intake Requirements:**

Call for more information and a brief telephone screening.

### **Fees:**

Vary

## **Domestic Violence**

### **Family Violence Project**

#### Skowhegan Location:

34 High Street

Skowhegan, Maine

Phone: (207) 474-8860

Hotline: (877) 890-7788

Email: [helpline@familyviolenceproject.org](mailto:helpline@familyviolenceproject.org)

#### Augusta Location:

PO Box 304

Augusta, Maine

Phone: (207) 623-8637

Hotline: (877) 890-7788

Email: [fvp@familyviolenceproject.org](mailto:fvp@familyviolenceproject.org)

#### **Services:**

- Domestic Abuse Services
- Supportive Housing
- Support Groups
- Shelter
- Resources
- Safety Planning
- Court Advocacy

#### **Eligibility:**

Anyone who is suffering from domestic violence and needs help.

**Intake Requirements:**

Call from a safe place for more information

**Fees:**

None

## **Maine Coalition to End Domestic Violence**

1 Weston Court, Box 2

Augusta, Maine

Phone: (207) 430-8334

Hotline: (866) 834- HELP (4357)

Email: [info@mcedv.org](mailto:info@mcedv.org)

[www.mcedv.org](http://www.mcedv.org)

### **Services:**

- Risk Assessment
- Technology Safety
- Economic Justice and Workplace Response to Abuse
- Health Care Screenings & Response
- Domestic Violence Awareness
- School-Based Education

### **Eligibility:**

Those who need help or are seeking education about domestic violence.

### **Intake Requirements:**

Call or email for more information

### **Fees:**

None

## **Emergency/ Disaster Management Services**

### **Kennebec County Emergency Management Agency**

125 State Street

Augusta, Maine

Phone: (207) 623-8407

Hours: Mon – Fri 8:30 – 4:30

Email: [kclep@kennebecso.com](mailto:kclep@kennebecso.com)

[www.kennebeccounty.org](http://www.kennebeccounty.org)

#### **Services:**

- Coordination of Emergency Planning, Training, and Exercise Activities
- Emergency Response Activities in disaster situations that exceed local or county resources

#### **Eligibility:**

All are eligible.

#### **Requirements:**

Call for more information or visit our website.

#### **Fees:**

None



**Somerset County Emergency Management Agency**

8 County Drive

Skowhegan, Maine

Phone: (207) 474-6788

Hours: Available 24 hours a day

Email: [emergencymanagement@somersetcounty-me.org](mailto:emergencymanagement@somersetcounty-me.org)

[www.me-somersetcounty.civicplus.com](http://www.me-somersetcounty.civicplus.com)

**Services:**

- Coordination of Emergency Planning, Training, and Exercise Activities
- Emergency Response Activities in disaster situations that exceed local or county resources

**Eligibility:**

All are eligible.

**Requirements:**

Call for more information or visit our website.

**Fees:**

None

# Transportation

## **KVCAP**

### Waterville Location:

97 Water Street

Waterville, Maine

Phone: (207) 877-5677

### Skowhegan Location:

26 Mary Street

Skowhegan, Maine

Phone: (207) 474-8487

### Augusta Location:

22 Armory Street

Augusta, Maine

Phone: (207) 622-4761

[www.kvcap.org](http://www.kvcap.org)

### **Services:**

- KV Van Service - Community service, door to door paratransit van and volunteer driver transportation service.

### **Eligibility:**

Eligibility requirements may apply, please call your local office for more information.

**Kennebec Explorer**

97 Water Street

Waterville, Maine

Phone:

Waterville (207) 877-5677

Augusta (207) 622-4761

[www.kennebecexplorer.com](http://www.kennebecexplorer.com)

**Services:**

Low cost and convenient community bus service for Augusta, Waterville and nearby communities.

*Please check website for current list of routes and bus stops.*

**Fees:**

Most fares are between \$1 and \$3, check website for updated fares.

## **Neighbors Driving Neighbors**

PO Box 142

Mount Vernon, Maine

Phone: (207) 860-0677

Hours: Mon – Fri 9 – 5

Email: [neighborsdrivingneighbors@gmail.com](mailto:neighborsdrivingneighbors@gmail.com)

[www.neighborsdrivingneighbors.org](http://www.neighborsdrivingneighbors.org)

### **Services:**

Transportation to errands, classes, medical appointments, shopping, socialization and volunteering.

### **Eligibility:**

Adult residents of Belgrade, Fayette, Mount Vernon, Rome, and Vienna who have the ability to independently travel and can get in and out of a vehicle with little assistance.

### **Requirements:**

Call for more information and for service.

### **Fees:**

None

## Family Care

### First Choice Pregnancy Center

295 Kennedy Memorial Drive

Waterville, Maine

Phone: (207) 872-5070 or Text: (207) 466-0025

Hours: Mon – Weds. 10 – 4 / Thurs 1 – 5

Email: [info@firstchoicepregnancycenter.org](mailto:info@firstchoicepregnancycenter.org)

[www.firstchoicepregnancycenter.org](http://www.firstchoicepregnancycenter.org)

### Services:

- Pregnancy Tests
- Limited ultrasounds
- Counseling and Consultation
- Prenatal and Parenting Classes
- Infant and Maternity Items
- Childbirth and Breast Feeding Classes
- Men's Services
  - Be A Hero Fatherhood Classes
  - Man-to-Man Counseling
- Community Service Referrals
- STI Information
- After Abortion Support
- Adoption Counseling

### Eligibility:

Woman who are or believe they might be pregnant and Fathers or potential Fathers who want more information or counseling.

### Intake Requirements:

Call for more information and to schedule an appointment.

**Fees:** None

## **Adoption Services**

### **The Maine Children's Home for Little Wanderers**

93 Silver Street

Waterville, Maine

Phone: (207) 873-6350 / (207) 873-4253

Email: [rdorian@mainechildrenshome.org](mailto:rdorian@mainechildrenshome.org)

[www.mainechildrenshome.org](http://www.mainechildrenshome.org)

### **Services:**

- Adoption Counseling
- Adoption Services

### **Eligibility:**

Those who wish to place a child for adoption, or those who are looking to adopt.

### **Intake Requirements:**

Please call an adoption specialist for more information.

### **Fees:**

Dependent on service

**Early Head Start and Child Care (Waterville)**

56 Drummond Avenue

Waterville, Maine

Phone: (207) 680-7211

Hours: Mon – Fri 6 – 6

Email: [info@kvcap.org](mailto:info@kvcap.org)

[www.educarecentralmaine.org](http://www.educarecentralmaine.org)

**Services:**

Year round school readiness program provides:

- Early Care
- Education
- Preventative Medical, Dental and Mental Health Services
- Family Support
- Breakfast, Lunch, Snacks, Formula, Wipes and Diapers Provided

**Eligibility:**

Low income families with children 6 weeks to 3 years of age with parents who are employed or pursuing an education or job training.

**Intake Requirements:**

Complete an application, will need to provide the child's birth certificate, MaineCare Card (if applicable), proof of income and immunization records.

**Fees:**

Sliding fee determined by State of Maine Subsidy

**Early Head Start and Child Care (Skowhegan)**

130 Academy Street

Skowhegan, Maine

Phone: (207) 314-5846

Hours: Mon – Fri 7 – 7

Email: [info@kvcap.org](mailto:info@kvcap.org)

[www.kvcap.org](http://www.kvcap.org)

**Services:**

Year round school readiness program provides:

- Early Care
- Education
- Preventative Medical, Dental and Mental Health Services
- Family Support
- Breakfast, Lunch, Snacks, Formula, Wipes and Diapers Provided

**Eligibility:**

Low income families with children 6 weeks to 3 years of age with parents who are employed or pursuing an education or job training.

**Intake Requirements:**

Complete an application, will need to provide the child's birth certificate, MaineCare Card (if applicable), proof of income and immunization records.

**Fees:**

Sliding fee determined by State of Maine Subsidy



**The Children's Place Early Care and Education Center**

@ The Maine Children's Home for Little Wanderers

93 Silver Street

Waterville, Maine

Phone: (207) 877-2258

Hours: Mon – Fri 6:30 – 5:30

Email: [cmanson@mainechildrenshome.org](mailto:cmanson@mainechildrenshome.org)

[www.mainechildrenshome.org](http://www.mainechildrenshome.org)

**Services:**

Full day year round early care and education.

**Eligibility:**

Children 6 weeks through 5 years.

**Intake Requirements:**

Call for more information and to set up an appointment.

**Fees:**

Fixed cost

## **Maine Child Care Subsidy Program**

2 Anthony Avenue

Augusta, Maine

Phone: (207) 624-7999 / (877) 860-5866

### **Services:**

Helps families pay for child care costs so parents can go to work, attend school or participate in job training.

### **Eligibility:**

*Must* meet income guidelines and also be actively participating in job training, attending school or working.

### **Intake Requirements:**

Apply online at [www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection) or through the DHHS office listed above, then email application to [ccsp.dhhs@maine.gov](mailto:ccsp.dhhs@maine.gov)

## **Muskie Center Respite and Adult Day Break**

38 Gold Street

Waterville, Maine

Phone: (207) 873-4745

Hours: Mon – Fri 7:30 – 4:30

Email: [mukiecenter@spectrumgenerations.org](mailto:mukiecenter@spectrumgenerations.org)

[www.spectrumgenerations.org](http://www.spectrumgenerations.org)

### **Services:**

- Day Supervision
- Health, Social and Support Services
- Nutritious Meals
- Assistance with Daily Living Activities
- Respite Care

### **Eligibility:**

Seniors over 60 years of age and adults with disabilities.

### **Intake Requirements:**

Call for more information.

### **Fees:**

Fixed Cost

Financial Assistance is available, most insurances accepted including MaineCare.

## **Somerset Center Respite and Adult Day Break**

30 Leavitt Street

Skowhegan, Maine

Phone: (207) 474-8552

Hours: Mon – Fri 8 – 4

Email: [spectrum@spectrumgenerations.org](mailto:spectrum@spectrumgenerations.org)

[www.spectrumgenerations.org](http://www.spectrumgenerations.org)

### **Services:**

- Day Supervision
- Health, Social and Support Services
- Nutritious Meals
- Assistance with Daily Living Activities
- Respite Care

### **Eligibility:**

Seniors over 60 years of age and adults with disabilities.

### **Intake Requirements:**

Call for more information.

### **Fees:**

Fixed Cost

Financial Assistance is available, most insurances accepted including MaineCare.

**Adult Day Programs**

32 Blossom Lane

Augusta, Maine

Phone: (207) 262-2232

Hours: Mon – Fri 8 – 5

**Services:**

- Community Based Structured Social, Recreational and Therapeutic Activities
- Limited Health Services
- Meals
- Supervision
- Support Services
- Personal Care Services
- Respite for Care Givers

**Eligibility:**

Older adults and adults with Alzheimer's disease, brain injury, developmental disabilities or mental health issues.

**Intake Requirements:**

Call for more information

## Health Care Services

### Urgent Care

#### Maine General Express Care

##### Waterville Location:

211 Main Street

Waterville, Maine

Phone: (207) 877-3470

Hours: Mon – Fri 8 – 7:30 / Sat & Sun 8 – 5

Email: [public@mainegeneral.org](mailto:public@mainegeneral.org)

##### Augusta Location:

15 Enterprise Drive

Augusta, Maine

Phone: (207) 621-8880

Hours: Mon – Fri 8 – 7:30 / Sat & Sun 8 – 5

Email: [public@mainegeneral.org](mailto:public@mainegeneral.org)

### Services:

*Non-Emergency* healthcare services

### Eligibility:

Those without a Primary Care Physician or who cannot get an appointment with their Primary Care Physician.

### Intake Requirements:

Call for more information if needed, Walk-ins welcome!

**Fees:**

Vary with services

Most insurances accepted, including MaineCare

## **Sebasticook Family Doctors**

### Pittsfield Location:

140 Chandler Street

Pittsfield, Maine

Phone: (207) 487-9244 / (866) 364-1366

Hours: Mon 7:30 – 5 / Tues – Fri 7:30 – 5:30

[www.sfdchc.org](http://www.sfdchc.org)

### Canaan Location:

333 Main Street

Canaan, Maine

Phone: (207) 474-6990 / (866) 364-1366

Hours: Mon – Weds 7 – 5 / Thurs 8 – 5:30 / Fri 7:30 – 3

[www.sfdchc.org](http://www.sfdchc.org)

### **Services:**

- Medical Health
- Dental Health
- Behavioral Health
- Maine Breast and Cervical Health Program
- Rx Assistance

### **Eligibility:**

No restrictions

### **Intake Requirements:**

Call to schedule an appointment



**Fees:**

Based on services

Sliding Fee available based on income verification.

**The Community Dental Center**

93 Main Street

Waterville, Maine

Phone: (207) 872-8891

Hours: Mon – Thurs 7:30 – 5:30

Email: [communitydentalcenter@yahoo.com](mailto:communitydentalcenter@yahoo.com)

[www.commnitydental.org](http://www.commnitydental.org)

**Services:**

Full Service Dental Practice

**Eligibility:**

Children to age 20 years for all services, over 21 seen for dental emergencies.

(Routine care for over 21 by waiting list)

**Intake Requirements:**

Call for more information and to schedule an appointment.

**Fees:**

Vary

Sliding Fees available to residents of Kennebec and Somerset Counties with residency and income verification.

## Legal Services

### **Pine Tree Legal**

39 Green Street

Augusta, Maine

Phone: (207) 622-4731

Hours: Mon 12 – 3 / Tues & Thurs 9 – 12

Walk-ins: Tues 1:30 – 4 / Fri 9 – 12

### **Services:**

Non-criminal assistance with:

- Housing
- Welfare Benefits
- DHHS
- Domestic Violence
- Tax Problems
- Foreclosure
- Medicaid
- Consumer Problems
- Property Tax Abatement for low income homeowners
- Special Education
- Job Training
- APSIRE / Parents as Scholars

### **Eligibility:**

Individuals whose income is at or below 125% of Federal Poverty Guidelines.

### **Intake Requirements:**

Call to schedule an appointment or walk in.

*Please note walk-ins are only accepted Tues 1:30 – 4 and Fri 9 – 12.*

**Fees:** None