

COURSES AND WORKSHOPS FOR MENTAL HEALTH REHABILITATION TECHNICIANS



August 4, 2009

How to Register

(Fairfield)

- Via Phone - Call the Academic Affairs Office at 453-5134 or 453-5119
- In Person - Come to the Academic Affairs Office at 92 Western Avenue, Fairfield

(Augusta)

- Via Phone - Call the Buker Center Office at 622-5001
- In Person - Come to the Buker Center Office at 22 Armory Road, Augusta

The courses on Page 1 in this brochure meet the requirements by USM—Muskie Institute—Center for Learning for MHRT / C Certification

Courses at the bottom of Page 2 meet the requirements for MHRT / I certification.

MHT Courses: (Page 1)

Cost: \$336.60

Location: Augusta

Start: August 24, 2009

End: December 11, 2009

(Depending on day)

Kennebec Valley Community College is an equal opportunity/affirmative action institution and employer. For more information, please call 453-5123

MENTAL HEALTH AND AGING

This course provides a comprehensive overview of the unique health and treatment needs of the psychiatrically ill, older adult. It will enable mental health caregivers to provide age-sensitive care in a variety of settings. Topics will include biological, social, psychological, and physical aspects of aging, dementias, and major psychiatric disorders.

3 credits

Course Number: MHT-116-50

Day: Thursdays Time: 1:30 p.m.—4:30 p.m.

SUBSTANCE ABUSE FOR SPECIAL POPULATIONS

This course will examine current literature on substance abuse, paying particular attention to its impact on special populations. High risk populations will be discussed, as well as areas of need of specific populations. Students will read the required textbooks and participate in class discussions designed to help develop and enhance their learning.

3 credits

Course Number: MHT-118-50

Day: Thursdays Time: 5:30 p.m.—8:30 p.m.

THE CHANGING WORKPLACE

* MEETS THE REQUIREMENT OF
CULTURAL COMPETENCY AND
DIVERSITY

This course presents a sociological study of the shifts in the American work force and the impact on workers, work, and the new workplace. Among the topics explored will be management styles, minorities, workers with disabilities, laws' influence on today's workforce, gender, communication and cultural diversity among workers. This course will provide an open forum for discussion of beliefs and attitudes critically examined through the perspectives of history, cultural context, political change, the media, the economy, society, and the family structure.

3 credits

Course Number: SOC-104-50

Day: Wednesdays Time: 5:30 p.m.—8:30 p.m.

ON-LINE

INTERVIEWING AND COUNSELING

This is an introductory class focusing on the skills that are fundamental to professional interviewing and to different psychological approaches to counseling. Ethical issues and professional growth will be discussed. Students will read the required textbook and participate in small-group exercises designed to help develop and enhance counseling skills.

3 credits

Course Number: MHT-110-OL

Day: N/A Time: N/A

CRISIS IDENTIFICATION

This course introduces students to crisis intervention theory and practice. The course will focus on basic-crisis intervention skills, theories of crisis intervention, and the dynamics of special kinds of crisis situations. Current issues in crisis intervention will be explored. Multiculturalism and diversity will be integrated throughout the course, particularly in relation to effective crisis intervention and resolution. Stress and burnout, as they affect crisis clinicians, will be examined and strategies for prevention and professional development discussed.

3 credits

Course Number: MHT-112-OL

Day: N/A Time: N/A

VOCATIONAL ASPECTS OF DISABILITIES

Students will learn the vocational factors that need to be reviewed and considered prior to developing a vocational goal and implementing an Individual Plan for Employment (IPE) for a qualified individual with a disability. This will include appropriate vocational assessment tools including the Job Readiness Assessment used in the Bureau of Rehabilitation Services and other sources for understanding medical and psychological diagnosis and their relationship to functional capacities of individuals with disabilities. Actual skill acquisition modules will be presented as case studies that will provide opportunities to use the knowledge gained in real world applications.

3 credits

Course Number: MHT-124-OL

Day: N/A Time: N/A

ASSOCIATE OF APPLIED SCIENCE IN MENTAL HEALTH

MHT courses in this program meet the qualifications for the MHRT—Community certification by DHHS and the Muskie Institute Center for Learning

The Associate in Applied Science degree in Mental Health will prepare students for entry-level and above positions in areas of substance abuse, mental health rehabilitation, developmental disabilities services, and gerontology. Concentrations in geriatrics and child services are under consideration for the future.

Graduates of this program will be able to apply to the Muskie Institute Center for Learning for the MHRT—Community certification. This certification allows workers to apply for Case Management positions within specific social services agencies. In addition, work could be found in the following capacities; activity therapist associate, addictions counselor, crisis counselor, human development associate, rehabilitation worker, family worker, senior site manager, acridity director, volunteer coordinator, and daily living support specialist. Facilities that employ these positions include nursing homes, boarding homes, hospitals, and social and mental health service agencies.

<i>Courses Required for MHRT—C Provisional</i>	<i>Additional Courses Required for Full MHRT—C</i>	<i>Additional Courses required for Full Associates of Applied Science</i>
MHT-104 Intro. To Community Mental Health	MHT-126 Vocational Aspects of Rehabilitation	COM-104 Intro. To Communications
MHT-124 Psychosocial Rehabilitation	MHT-118 Substance Abuse with Dual Diagnosis	ENG-101 College Composition
MHT-110 Interviewing and Counseling	MHT-120 Case Management	ENG-121 Intro. To Literature
MHT-112 Crisis Identification and Intervention	MHT-114 Incest, Sexual Abuse, and Trauma	MAT-117 College Algebra
SOC-104 The Changing Workplace (meets Cultural Competency & Diversity requirement)	MHT-116 Mental Health & Aging	MHT-103 Intro. To Social Services
		PSY-101 Intro. To Psychology
		SOC-101 Intro. To Sociology
		SOC-204 Social Problems
		_____ General Elective
		_____ Lab Science Elective

For a complete list of courses being offered for the Fall Term—visit our web site at www.kvcc.me.edu.
The Fall Term starts August 2009. Registration begins March. 30, 2009.

MHRT—I

Many Mental Health agencies are looking for employees who not only are certified in MHRT—C, but also as a MHRT—I. To this end, KVCC will be offering the following required courses:

- MHSS (33 Hours) (MHT-103)**
- CRMA (40 Hours) - includes Med. Pass**
- MANDT (16 Hours)**

- Healthcare Provider CPR (8 Hours)**
- Basic First Aid (8 Hours)**
- (Multiple sections—call for dates and times)**

For more information on these or other classes, please call Flora Stack at the Buker Center at 622-5001.

INTRODUCTION TO SOCIAL SERVICES (INCLUDES MHSS)

An introduction to social welfare systems and their functions as they relate to social needs and problems within political, social and economic contexts. This course will include the MHSS course required by the State of Maine for MHRT—I certification, and will be taught by a State certified MHSS trainer. **3 credits**

Course Number: MHT-103-50
Day: Tuesday Time: 8:30 a.m.—11:30 a.m.
Dates: August 25—December 8, 2009

CRMA

This 40 hour course is the Certified Residential Medications Aide course required for full certification as a MHRT—I. This course covers topics that are required to pass medications in a Residential Care facility. Cost of this course will include the required hands-on medication passes and 2 year certification.

Course Number: PDM-C20-50
Day: Fridays Time: 8:00 a.m.—5:00 p.m.
Dates: July 31—August 28, 2009

MANDT

This 16 hour course is required for certification as a MHRT—I and is a non-violent approach to recognizing and managing possibly dangerous situations and de-escalating them. Students will also learn the crisis cycle and how to manage situations.

Course Number: PDM-M10-50
Day: TBA Time: 8:00 a.m.—5:00 p.m.
Dates: